

The All About HENNESSEY POST

Photo by Jack Quirk

Volume 7 • Number 15 • Wednesday, April 10, 2024

-HENNESSEY'S HOMETOWN NEWSPAPER-

Teacher Kim Gritz Wins STEM Grant! FOOD, FUN, AND FIRE TRUCKS!



Kim Gritz presented with giant STEM award check accompanied by her husband Bert and grandkids Hutton Gritz, Dawson Powell, and Knox Gritz.

Kim Gritz is a dedicated science teacher at Hennessey who is highly committed to her students. She spends most of her time conducting engaging science experiments in her indoor or outdoor classrooms throughout the school year.

So it's no surprise that Kim was selected as one of five Oklahoma educators to receive a \$2,000 STEM grant given her passion for teaching. The award ceremony took place at the Chickasaw Bricktown Ballpark on April 6th, where she was accompanied by her husband Bert and grandkids Hutton Gritz, Dawson Powell, and Knox Gritz.

Mrs. Gritz plans to use the grant money to establish a simulated Forensic Lab to benefit the junior and senior students in the upcoming academic year.



The Hennessey Fire Department hosted its annual open house on Saturday, April 6th but added a few new surprises. The most notable was the completion of the new fire station addition. There was a large turnout for the meal that was prepared by the firefighters with donations from local businesses. Shelly Burch took home the grand prize of the Pit Boss smoker. 2 Yeti ice chests were also given away in the drawings.

A Medi-Flight Medical Helicopter from Stillwater flew in and was on display for visitors to check out and visit with the crew.

Everyone was treated to a grand tour of new addition to the station that featured the large training room and kitchen. Outside on display was a new ladder truck similar to what the department would like to add shortly. One of the main reasons to add to the station was to house a new ladder truck. With Hennessey's growth in recent years, the need for this new truck has become more important and will affect our insurance rates if one is not added at some time.

Photos by AAH Jack Quirk



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Seasons Change

Big changes are coming in the near future. Summer's oldest is turning 18 and graduating high school. Autumn is expecting a new baby. Theoretically...Summer is letting her baby go and Autumn is getting a brand new baby. Clare will be more by herself in the coming months and Silas won't be an only child any longer. Big changes for everyone! Ya know, in the wise words of Tracy Lawrence (and probably some other people), "the only thing that remains the same is that everything changes." Change can be so scary, but that doesn't always mean it's bad. We are so proud of Ethan and can't wait to see what the next phase of his life brings him. We are so excited to welcome baby Lenox into our family. But still, these are big, sometimes scary changes.

We've probably all heard the saying, "the days go slow but the years fly by" but man does it ever slap you in the face when you are watching your baby (who was just literally a baby not that long ago!) prepare to graduate high school and fly out into this big ole scary world.

Every season of our lives brings a whole new and different set of blessings as well as challenges. Possibly the most difficult part is focusing on the blessings rather than the challenges. It's just so much easier to see the challenges. They can consume you. It's easy to focus on what feels like parenting fails and things that you wish you had done better. Don't do that! Instead, let's focus on all the good that we have seen in our lives. Remember the things that brought the most joy. Hold those in your heart. Because honestly, we are only here for a little while so please don't hold on to the hurt and failures. Let those go. Let's double fist grasp onto all of the joy that we can and choose to see the good. There's still so much good in the world, if only we look for it. Not a single parent is perfect. Not a single child is perfect. So don't get trapped in comparison. Let that crap go, all of it. It goes too fast to hold onto the hurt.

Let's choose to see the good in it all. The changing of the seasons is so beautiful, and this change can be so beautiful too.

Hang in there, parents! We see you. We are with you!

We're all in the trenches together, let's not forget that. Don't compare your tired with someone else's, and let's remember to give grace. We are all fighting a battle that no one else knows anything about.

We love you. We are praying for you as our seasons change and your seasons change too. www.okseasonedsisters.com



SMALL-TOWN GIRL WITH A BIG HEART

Michelle Bergley, a small-town girl with a big heart, has always wanted to be involved with nutrition and had been actively looking for a new venture for the past year. When she found the opportunity to buy Eagle Nutrition, she knew it was meant to be. Michelle stated that it was the support and encouragement of her family that made her dream a reality.



Michelle Bergley owner of Eagle Nutrition

As Michelle started brainstorming on what she could add to the existing tea shop, she decided to bring some delicious new items to the store. By adding protein balls, cupcakes, premade drinks, and meal plans, she aimed to make life easier for her busy customers to stay healthy on the go. Eagle Nutrition's teas and shakes are great for overall health. They help boost the immune system, shakes are filled with vitamins and healthy proteins, while the teas give healthy energy compared to other energy drinks that are loaded with ingredients you can't pronounce. They offer many flavors, from sweet to sour, and are open to your suggestions. If you have a favorite recipe you'd like them to make, Michelle is fully stocked and ready to make any drink.

Eagle Nutrition is open Monday through Friday from 7 am to 3 pm and Saturday from 7 am to 1 pm. Make sure to take advantage of the punch card program and check-in on social media for a discounted price. Follow their Facebook page for the drink of the day! They are located at 114 S Cherokee St, Hennessey Ok 73742.



-HENNESSEY'S HOMETOWN NEWSPAPER-



MAY 19, 2024 12 - 6pm

- Burnout Box
- Dyno Pulls • Horsepower & Torque pulling numbers
- ATV & UTV Racing
- Helicopter Rides •
- Food and Shopping •
- Stuff for Kids
- The Big Show

Huge Trucks, Tractors, & Equipment for kids to get an up close look!

- Lots of fun things to do

- Free vendor booths (register by email)

For questions contact Tony
hennesseycarshow@yahoo.com

VISIT ALLABOUTHENNESSEY.COM
DISCOVER HENNESSEY
FOR MORE INFORMATION DURING EVENT



NEW SOFTBALL COACH

Hennessey Board of Education hired the new Softball Coach during their April 8th regular meeting. Jeneva Nelson was present and visited with the board members after the meeting. According to her resume, Nelson is currently the softball coach at Ponca City and was Named District Coach of the Year for 6A schools 2022, Named Regional Coach of the Year for OCA 2023, and had over 25 post-season awards for players over her two years of coaching at Ponca. Nelson received her associate's degree at NOC and a Bachelor's in General Studies from OSU. Photo by AAH Jack Quirk.



DID YOU MANAGE TO CATCH A GLIMPSE OF THE ECLIPSE DESPITE THE THICK CLOUD COVER?

The most recent total eclipse occurred on Monday, April 8th, marking the first one in almost a century. Despite the cloudy weather, Hennessey was able to witness a partial eclipse, offering a glimpse of this remarkable phenomenon. For those who missed it, the next partial solar eclipse won't be visible for over twenty years.



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DID YOU FEEL IT?

On Saturday, April 6 a 3.0 magnitude earthquake hit Hennessey. Located 4 miles east and 5.5 miles deep, several people reported the jolt and crashing sound at around midnight.

If you have damage from the earthquake, please contact The Kingfisher County Emergency Management office at 405-375-2794 and leave a message.

Wichita
Oklahoma City
Lawton
Hennessey, Oklahoma
Apr 6, 2024
12:17 AM
36°06'11.9"N 097°49'26.4"W
USGS

3.0
2.6
4 mi
5.5 mi
3.0

Busy Season for Hennessey FFA: Highlights and Achievements!

Busy time of the year for Hennessey FFA! Since the annual labor auction at the end of January, activities have not let up for FFA members. The following week Brooklyn Harris, Leah Dickens, Paeton Choate, and Nicholas Moery represented Hennessey FFA at the NOC interscholastic as they competed in the Food Science Career Development Event. Also, there are 11 students who are currently practicing and participating in the Livestock Evaluation CDE. Several FFA applications, and scholarships were due in February. Two students, Amey Haymaker (Swine Production- Entrepreneurship), and Casen Scott (Grain Production- Entrepreneurship) completed and turned in a Proficiency Award Application for a chance to be a state finalist in their respective specialty area. Amey Haymaker is a state proficiency finalist for the 3rd time, and she will be recognized and placed at the State FFA Convention on May 8th. Also applying, and passing the State FFA Degree review were seniors Cale Dickens and Amey Haymaker. They too will be recognized on stage at the State FFA convention.

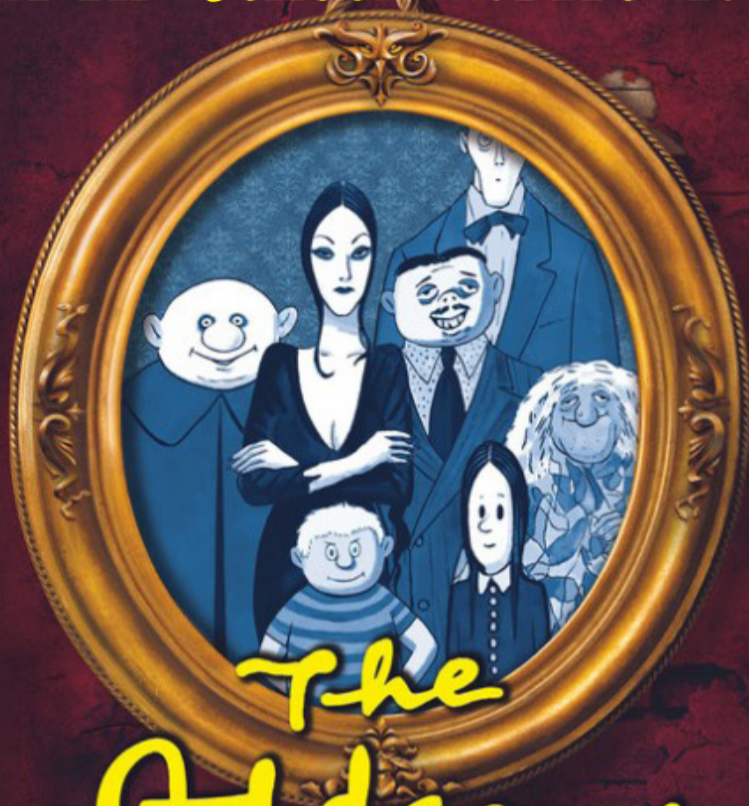
Shortly after the calf fry, several FFA and 4H members exhibited their livestock projects at the Kingfisher County Livestock Show from February 18-20. The show concluded with the premium sale on the 26th, only to turn around and move into the Northwest District Livestock Show from February 27-March 2nd. Vandin Vadder, Kaden Kennedy, and Kaden Moulton also exhibited their Ag Mechanics projects through the Ag Mechanics show in conjunction with the stock show. Vandin Vadder received Champion honors in the Wood Only Division with his custom made desk, and also received a showmanship award. Kaden Kennedy and Kaden Moulton received Reserve Champion honors in the Livestock Equipment Division with their custom made "Up Down Bars." The show season ended with the Oklahoma Youth Expo in Oklahoma City from March 12-22 (list of achievements below).

In the midst of all of this, seniors Cale Dickens and Amey Haymaker completed coursework, and passed their certification exams in Veterinary Medical Applications, and Principles of Livestock Selection and Evaluation. The coursework required to complete was started at the beginning of the year, and now that they have passed their exam, they will be recognized on stage at the Oklahoma FFA State Convention on May 7th. At the same time, their ag mechanics classmates have been busy with several ag mechanics projects with emphasis in completing a three month long, wrap-around tree bench project with a powder coated finish for the outdoor classroom in the early childhood center. This project was funded by the Hennessey Educational School Foundation. Since this bench was 100% custom built, there were SEVERAL learning outcomes. Specifically, LOTS of Geometry because students had to find, bend, and/or cut countless angles precisely. Time was found for guest visitors from Invenergy where they provided the entire chapter Hideaway Pizza for lunch, informed them about the Wind Energy industry, and the Wagon Wheel project coming to Hennessey and surrounding areas. **Livestock Show Highlights** Cade Charmasson- County Grand Champion Wether, OYE Premium Sale qualifier, Crew Charmasson- County Grand Champion Ewe, OYE Premium Sale qualifier, McKenzie Hladik- County/NW District Show Grand Champion Steer, OYE Premium Sale qualifier, Addisyn Hladik- County Premium Sale qualifier/NW District Show Bronze Medallion steer, Paityn Koehn- County Reserve Grand Champion Steer. 6th place Steer at NW District Show/OYE , Amey Haymaker-County Breed Champion Berkshire Barrow, Reserve Champion Crossbred Barrow and Bronze Medallion, NW District Sale Qualifier, 4th place Crossbred Barrow at OYE, Kaden Kennedy- County Bronze Medallion Steer and premium sale qualifier, Kole Smith- County Champion Red Angus Heifer, Reserve Champion Red Angus Heifer NW District Show, Champion Division 1 Red Angus Heifer at OYE, Kinsley Moeller- County Premium Sale qualifier, 1st place crossbred gilt NW District Show , Hannah Swart- County/NW District Premium Sale qualifier (crossbred barrow), Cale Dickens- County Premium Sale qualifier (Crossbred steer), Harper Streck- County Premium Sale qualifier, 1st place Angus Heifer NW District Show, Adler Dowell- County Premium Sale qualifier (barrow), Holden Swart- County 1st place crossbred gilt and Premium Sale qualifier, Adin Dickens- County Premium Sale qualifier (sheep), Camden Dowell- County Premium Sale qualifier (barrow), Leah Dickens- County 2nd Place Angus steer



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HENNESSEY FINE ARTS DEPARTMENT PRESENTS AT THE SCHOOL AUDITORIUM



The Addams Family

A NEW MUSICAL

APRIL 28TH, 2PM & 29TH-30TH, 6:30PM

POLICE REPORT April 1 - 8

Speeding 1-10 Over \$185.00
Medina, Salvador of OKC, OK
No Driver's License Issued
\$365.00

Medina, Salvador of OKC, OK
Expired Tag/Failure to Pay
Taxes Due to State \$265.00
Holder, Gunnar Thomas Duke
Hennessey

Speeding 1-10 Over \$185.00
Trowsdale, Allan Robert of
Yukon, OK

Speeding 21 25 Over \$267.00
Wulfert, Nancy Michelle of
Stillwater, OK

Possession of Marijuana
\$790.00 Bigbey, Trystan
Scott of Hennessey

04/04/24 - verbal disturbance call.

RedLevé DANCE STUDIO

COMPETITIVE DANCE TEAM

TRYOUTS

MAY 6TH - 4:00PM

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CONGRATULATIONS TO THESE STUDENTS OF THE WEEK
Pre-K - Benjamin Huizar, Logan Syder, Harper Hatchel, Presley Henrion
Kindergarten - Elliana Marquez, Grant Matthews, Juriel Najera
1st grade - Kendra Fernandez, Harper Miller, Jesse Goff, Blakely Harak
2nd grade - Santiago Martinez, Maelynn Guerrero, Ezra Hardin
3rd grade - Nicole Talamantes, Ellie Copeland, Marcos Meraz, Emily Meza
4th grade - Nataly Valles, Gerardo Villareal, Joel Ramirez, Emilia Martinez

GARRISON
LUMBER

300 N Main
405-853-2640

EAGLE
MART

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★jpainter@pdi.net

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APRIL
Marketplace

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APRIL 12 & 13

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FREE ADMISSION FRIDAY ONLY
FOR ALL SENIOR CITIZENS!!



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*1 egg per person.

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UPCOMING EVENTS



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Calendar

Wednesday, April 10
Hennessey Golf Tournament (Girls)
10am – 3pm Blood Drive - Hosted by FCCLA
10 – 11am Littlest Patron Playtime (ages

Thursday, April 11
HS Baseball Johnny Bench Classic (Day 1/3)
Speech & Debate State (Day 1/3)
JH Softball Crescent Tournament (Day 1/2)
Hennessey Golf Tournament (Boys)
12 – 1pm Hennessey Lions Club Meeting at Family Cafe
4:30 – 6:30pm JH Baseball vs Kremlin-Hillsdale (H)

Friday, April 12
HS Baseball Johnny Bench Classic (Day 2/3)
Speech & Debate State (Day 2/3)
JH Softball Crescent Tournament (Day 2/2)
Flatlands Marketplace (Day 1/2)
HS Track @ Chisholm

Saturday, April 13
HS Baseball Johnny Bench Classic (Day 3/3)
Speech & Debate State (Day 3/3)
Flatlands Marketplace (Day 2/2)
5th/6th Track @ Hennessey

Monday, April 15
7th/8th Track @ Hennessey
Tax Day
4:30 – 5:30pm JH Softball vs Garber (A)

Tuesday, April 16
OSSAA State Instrumental Solo/Ensemble Contest (Day 1/3)
ELA Testing - 3rd grade (Day 1/2)
Mason Meeting at Coronado Lodge
OSSAA Class 3A Golf Qualifier (Girls)
Science Testing - 11th grade
4 – 5pm Teen Funtivities Club Hennessey Public Library
4:30 – 6:30pm HS Baseball vs Fairview (H)
4:30 – 6:30pm JH Baseball vs Pond Creek (A)
4:30 – 5:30pm JH Softball vs Drummond (A)




BENEFIT
FOR AMY BARNES


April 21st 1:00 - 5:00 p.m.
at the First Christian Church

Join us in supporting the Amy Barnes Benefit on April 21st by pre-ordering a side of delicious ribs for \$35 each. Orders must be placed by April 11th for pickup at the Benefit event at First Christian Church in Hennessey. Along with the ribs, enjoy a silent auction and cake walk. Emerald Coast will be in attendance, offering their stunning permanent jewelry, and a chance to win \$150 worth of free jewelry with a ticket purchase. If you'd like to donate items for the silent auction or cake walk, please reach out. Call Penny Bullis at 405-853-1297 to place your rib orders or for more information. Kindly spread the word!

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HENNESSEY LISTINGS

Town of Hennessey is Hiring Courtesy Transfer Station Attendant

The Town of Hennessey is currently seeking a part time/seasonal employee to run the Courtesy Transfer Station. This person will need to work on Friday and Saturdays from 9 a.m. to 5 p.m. beginning in May and lasting until the beginning of October. Looking for an individual who has money handling and customer service skills, honesty and integrity. Please apply at Town Hall located at 123 S Main, Hennessey, OK 73742. E.O.E

NOW HIRING FOR THE TOWN POOL!

The Town of Hennessey is now accepting applications for Pool Manager, Assistant Manager and Lifeguards for the 2024 summer season. Applications must be received by April 1st. Please inquire at Town Hall. 123 S. Main E.O.E.

FARMERS ELECTRIC IS HIRING Journeyman Electricians go to farmerselec.com or call 405-853-2597 to apply today!

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- Animal Caretaker LVA-9084
- Farm Operations Management Trainee Hennessey LIV-9646
- Assistant Feedmill Manager LIV-9583

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•Sunday Mornings 9:15-11:45 •18 years or older
•Background check required

HENNESSEY NURSING & REHAB

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Meaty Pork Shoulder Country Style Ribs

Family Pack

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\$1.99
lb.



Beef Bottom Round Roast

Choice

\$4.99
lb.



Dole **Salads**

Select Varieties
9-12 oz

\$1.98



Food Club **Granulated Sugar**

Select Varieties
4 lb.

\$2.38



Kellogg's **Cereal**

Select Varieties
8.8-18 oz.

\$3.98



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Select Varieties
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Food Club **Sodas or Mixers**

Select Varieties
2 ltr. btl.

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Ruffles or Doritos
Select Varieties
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2/\$7



Mazola
Cooking Oil
Select Varieties
40 oz.

\$4⁴⁹



Food Club
Baking Chips
Select Varieties
10-12 oz.

\$1⁶⁹



Food Club
Oats
18 oz.
Old Fashioned or Quick

\$1⁹⁹



Food Club
Concord Grape Jelly
32 oz.

\$2⁴⁹



Betty Crocker
Helpers
Select Varieties
5-8.7 oz.

2/\$3



Bounty
Paper Towels
6 dbl. rolls
Select-A-Size

\$12⁹⁹



Tide
Pods
Select Varieties
12-16 ct.

\$4⁹⁹



Food Club
Round Top White Bread
24 oz.

2/\$3



Rold Gold
Pretzels
Select Varieties
Reg. \$3.99

2/\$7



Dorothy Lynch
Home Style Dressing
16 oz.

\$3³⁹



Best Maid
Pickles
Select Varieties
24-32 oz.

\$3⁹⁹



Food Club
Tea Bags
24 ct.
Family Size

2/\$3



Bush's Best
Refried Beans
16 oz.
Traditional or Fat Free

\$1¹⁹



Pioneer
Gravy Mix
Select Varieties
1.41-2.75 oz.

4/\$5



Simply Done
Aluminum Foil
18x37 ft.
Heavy Duty

\$2⁴⁹

Frozen & Dairy CASE



Full Circle Market
Almondmilk
Select Varieties
64 oz.
\$2⁸⁹



Food Club
Sour Cream
16 oz.
\$1⁹⁹



Yoplait
Go-Gurt
Select Varieties
8 pk.
\$2⁶⁹



Crystal Farms
Cheese Slices
Select Varieties
6-7 oz.
\$3⁶⁹



Food Club
Cheezy Does It
32 oz.
\$4⁹⁹



Bays
English Muffins
Select Varieties
12 oz.
\$3⁴⁹



Rana
Pasta
Select Varieties
12 oz.
\$4⁹⁹



I Can't Believe
It's Not Butter!
8 oz. Spray or
15 oz. Reg.
or Light Spread
\$3⁹⁹



Birds Eye
**Steamfresh
Vegetables**
Select Varieties
10-10.8 oz.
\$1⁴⁹



Crav'N Flavor
Fudge Pops
20 pk.
\$4⁹⁹



Edwards
Pies
Select Varieties
24-36 oz.
\$6⁹⁹



Jose Ole
Taquitos or Mini Tacos
Select Varieties
16.2-22.5 oz.
\$5⁹⁹



Ore-Ida
Potatoes
Select Varieties
19-32 oz.
\$4⁴⁹



Food Club
Mini Corn on the Cob
8 ct.
\$3⁴⁹

Non-Food *where available*



Luvs
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21-48 ct.
Size 1-6
\$6⁹⁹



Puffs
Facial Tissue
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4 pk., 124 ct.
\$5⁹⁹



Febreze
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Select Varieties
.87 oz.
\$5⁹⁹



TopCare
**Triple Blade
Disposable Razors**
Select Varieties
Men's or Women's
3-4 ct.
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Look for
this week's
**SMART
BUY**
SPECIALS!



Pillsbury
Cake Mix
Select Varieties
15.25 oz.
\$1³⁹



Hunt's Snack Pack
**Pudding or
Juicy Gels**
Select Varieties
4 pk.
\$1²⁹

Bakery *where available*



Stonefire
Naan
Select Varieties
7.05 oz.
\$2³⁹



Shirley's Cookie
Company
**No Bake Peanut
Butter Cookies**
13.5 oz.
Regular or Chocolate
\$3⁹⁹



Libby's
Vegetables
Select Varieties
14.5-15.25 oz.
99¢



Clyde's
Cake Donuts
Variety Pk.
24 oz.
\$6⁹⁹



Sweet P's
**Danish
Coffee Cake**
Select Varieties
14 oz.
\$3⁹⁹



Nongshim
Noodle Soup
Select Varieties
2.6-3.03 oz.
\$1²⁹

Fresh MEAT



Boston Butt Pork Roast
Fresh
Sold in a 2 pc. pk.
\$1.69
lb.



Boneless Beef Bottom Round Steak
Choice Family Pack
\$5.99
lb.
Small Pkg. \$6.19 lb.



Aqua Gems Raw Shrimp
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lb.



Fresh Pork Steak
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Owens Sausage
Select Varieties
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Bar S Cotto Salami or Bologna
Select Varieties
1 lb. pkg.
\$2.69



Bar S Smoked Sausage
2.5 lb. pkg. Family Pack Reg. or Polish
\$6.99



Hart Asian Chicken Entrees
Select Varieties
21-32 oz. pkg.
\$6.99



Ole Xtreme Wellness Tortilla Wraps
Select Varieties
8 ct. pkg. High Fiber or Spinach & Herbs
\$3.99

Fresh PRODUCE



Tomatoes
\$1.99
lb.



White Onions
99¢
lb.



Honeycrisp Apples
Large
\$1.49
lb.



Broccoli Crowns
Garden Fresh
\$2.49
lb.



Baking Potatoes
4 ct. pkg. Garden Fresh
\$2.49



Halos Mandarins
2 lb. bag
\$4.99



Large Cantaloupe
Garden Fresh
\$2.99
ea.



Russet Potato
10 lb. bag U.S. No. 1
\$3.99

DELI where available



Fresh Fried Chicken
8 pc.
\$10.99



Reser's Potato or Macaroni Salad
Select Varieties
1 lb.
\$2.99



Reser's Main St Bistro or Hormel Sides
Select Varieties
17-32 oz.
\$3.99



Padrino Foods Tamales
Select Varieties
15 oz.
\$6.99

CUSTOMER CASH
EVERY CARD IS A WINNER
BRING IT EACH TIME YOU VISIT OUR STORE
AWARD SECTION
DO NOT TAMPER WITH SEAL

Odds Chart Effective April 3, 2024

Awards	Number of Awards	Code
\$1,000 Cash Card	2	1 in 3,900
\$500 Cash Card	10	1 in 780
\$100 Cash Card	10	1 in 780
\$50 Cash Card	25	1 in 312
\$20	100	1 in 78
\$5	200	1 in 39
\$1	7,451	1 in 1

4 IT'S MARKET
Celebrating Serving Our Friends and Neighbors Since 1963
Hennessey, OK
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FREE WEEKLY VISIT PUNCH SECTION

Validated Card 1 2 3 4 5 6 7 8 9 10 11 12 13

PLAY CUSTOMER CASH!

Over \$14,400 Is Available

Every card is a WINNER!

Pick up your FREE Rewards card today.

Fill and Win as many times as you want!

Win \$1, \$5, \$10, \$20, \$50, \$100, \$500 or \$1000 in prizes!

Win up to \$1,000 in prizes instantly!

NO PURCHASE NECESSARY (see participating store for individual store odds and complete rules.) © 2023 Store Marketing Associates